

IS THIS TRAIL FOR YOU...?

» Grading information

Green

Easy ○

Kielder Forest
Borderline Trail
Distance: 6 km (3.7 miles)

Are these trails for you?

» **Suitable for:** Beginner/novice cyclists. Basic bike skills required. Most bikes and hybrids. Some green routes can take trailers.

» **Trail and surface types:** Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections.

» **Gradients and technical trail features (TTFs):** Climbs and descents are mostly shallow. No challenging features on these trails.

» **Suggested fitness level:** Suitable for most people in good health.

» **Ride safely:** Wear a helmet and clothing suitable for the weather. Expect to encounter other forest users and occasional forest vehicles.

Blue

Moderate □

Kielder Forest
Osprey Trail
Distance: 20.5km (12.6 miles including Lakeside Way return)
Lakeside Way
Distance: 40.23 km (25 miles)

Are these trails for you?

» **Suitable for:** Intermediate cyclists/mountain bikers with basic off road riding skills. Mountain bikes or hybrids.

» **Trail and surface types:** Relatively flat and wide plus specially constructed single track. Trail surface may include small obstacles of roots and rock.

» **Gradients and technical trail features (TTFs):** Most gradients are moderate but may include short steep sections. Includes small technical trail features.

» **Suggested fitness level:** A good standard of fitness can help.

» **Ride safely:** Wear a helmet and clothing suitable for the weather. Expect to encounter other forest users and occasional forest vehicles.

Red

Difficult △

Kielder Forest
Lonesome Pine Trail
Distance: 12.75 km (20.52 miles)
Bloody Bush Trail (combined with Lonesome Pine Trail)
Distance: 33 km (20.5 miles)
Deadwater Trail
Distance: 6.8 km (4.2 miles)

Are these trails for you?

» **Suitable for:** Proficient mountain bikers with good off road riding skills. Suitable for better quality off-road mountain bikes.

» **Trail and surface types:** Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.

» **Gradients and technical trail features (TTFs):** A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms,

large rocks, medium steps, drop-offs, cambers, water crossings.

» **Suggested fitness level:** Higher level of fitness and stamina.

» **Ride safely:** Wear a helmet, gloves and clothing suitable for the weather. Expect to encounter other forest users and occasional forest vehicles. In parts the trail is relatively remote, so know where you are and take along any necessary equipment.

Follow the Forest Cycle Code

1. **Don't rely on others**
 - » Can you get home safely?
 - » Carry the right equipment and know how to use it.
2. **For your own safety**
 - » Always wear the right safety clothing; at least a cycle helmet and gloves.
 - » Cycle within your abilities.
 - » Only tackle jumps and other challenges if you are sure you can do them. Have a look first!
 - » Train properly, especially for difficult and technical routes.



3. **On and off road**
 - » Expect the unexpected, watch out for other visitors.
 - » For your own and others' safety always follow warning signs and any advice you are given.
 - » If a vehicle is loading timber, stop and wait for the driver to let you pass safely.
4. **Cycle carefully and come back soon!**



IS THIS TRAIL FOR YOU...?

» Grading information

Black

Severe

Kielder Forest
Deadwater Trail
Distance: 10.2 km (6.3 miles)

Are these trails for you?

- » **Suitable for:** Expert mountain bike users, used to physically demanding routes. Quality off-road mountain bikes.
- » **Suggested fitness level:** Suitable for very active people used to prolonged effort.
- » **Ride safely:** Wear a helmet, gloves and clothing suitable for the weather. Expect to encounter other forest users and occasional forest vehicles. In parts the trail is relatively remote, so know where you are and take along any necessary equipment.
- » **Trail and surface types:** Greater challenge and difficulty. Expect large and unavoidable features.
- » **Gradients and technical trail features (TTFs):** Expect large, committing and unavoidable TTF's. Sections will be challenging and variable. May also have 'downhill' style sections.

Orange

Bike Park

Distance: Variable, depending on which trail you are riding

Is this for you?

- » **Suitable for:** Extreme level riders with expert technical skills and good fitness. Technical bike skills important. Jumping ability obligatory.
- » **Trail and surface types:** Extreme levels of exposure and risk. Large features.
- » **Ride safely:** Wear a helmet, gloves and other protective clothing.

Forest road & similar

Distance: Variable, depending on which trail you are riding

Are these for you?

- » **Suitable for:** Cyclists in good health. Map reading useful (routes not always marked). Most bikes.
- » **Trail and surface types:** Gradients can vary. Surfaces may be uneven or potholed in places. Look out for vehicles and other users and show respect.
- » **Ride safely:** Wear a helmet.